



**Green Valley-Sahuarita
Community Food Bank**

Nourishing news

A Newsletter from the Green Valley-Sahuarita Community Food Bank • FALL 2011 • VOL. V, ISSUE 1

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Earn a Dollar-for- Dollar Tax Credit



Arizona's charitable tax credit law allows you to earn a dollar-for-dollar tax credit

on qualifying contributions to specific organizations. The Community Food Bank is a Qualified Charitable Organization, which means gifts you make to the Green Valley-Sahuarita branch qualify! You can take an Arizona state tax credit of up to \$200, if you file as a single person, or up to \$400, if you file jointly. The credit is available to anyone who itemizes their tax return.

For details contact the Arizona Department of Revenue or your tax advisor. ♥

It's all about space and safety!

The Green Valley-Sahuarita Community Food Bank Expands Warehouse

Early in 2010 the Green Valley-Sahuarita Community Food Bank conducted a safety and space requirement evaluation. The need for a 240 square-foot addition was identified. The food bank applied for and received a Community Development Block Grant from Pima County to cover construction costs.

The original Green Valley facility was 4,000 square feet including a 3,000 square-foot warehouse. Over 1.2 million pounds of food each year are collected, stored, and distributed in this small facility. Food bank staff and key volunteers are constantly reevaluating existing space in an effort to improve efficiency. With a client load that has tripled in the last four years, the need to store more food and have the ability to quickly move it to the client distribution room was essential.



The front entrance to the facility

The first phase of the project meant moving the warehouse roll-up door from the east side of the building to the south side. The location and orientation of the previous door presented a safety hazard because clients exit from the east side of the building near where the food bank trucks back in to load and unload food donations. Moving the door means daily operations are safer and more efficient.

The second phase of the project was building a dedicated space for volunteers to check in, store their personal belongings, drink a cup of coffee or eat a snack. The Green Valley-Sahuarita Food Bank depends on approximately 30 volunteers each day to assist in running the operations. Prior to the addition there was a make-shift volunteer break area that consisted of a table set up in the middle of the warehouse. However, a recent facility audit revealed that the break area could not be in the same room where food is stored. Moving the break area out of the main warehouse puts the food bank in compliance with current regulations and it frees up much needed food storage space in the warehouse.

Food distribution increased an overwhelming 60% during the past year. Improved operational efficiency will help the food bank continue to meet the need in the Green Valley and Sahuarita communities. ♥

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Nourishing News is a publication of the Community Food Bank, Inc.

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Comments? Contact us; we'd love to hear from you!

The Green Valley-Sahuarita Community Food Bank is a branch of the Community Food Bank of Southern Arizona. The other branches are in Ajo, Amado, Marana and Nogales. To learn more, visit www.communityfoodbank.org.

A NOTE FROM THE DIRECTOR

Dear Friends,

Thank you for caring about those less fortunate by continuing to support the Green Valley-Sahuarita Community Food Bank. We are currently serving over 2,800 individuals each month from the communities of Green Valley, Sahuarita and surrounding areas. This is a 34% increase from last year, and there is no end in sight. The individuals we serve consist of seniors over the age of 60 on fixed incomes, and families and individuals who are either low-income or in an emergency situation. The economy is causing families who were once able to work and now find themselves out of work for extended periods of time to seek help.

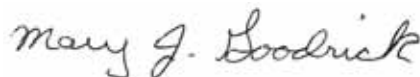


Mary Jane Goodrick

Did you know that the Green Valley-Sahuarita Community Food Bank offers our clients two visits per month, and with each visit they receive a gallon of milk and a dozen eggs? Did you know that 40% of our clients are children? Did you know that as our client load continues to increase, we are fearful of not being able to keep up with the request for food assistance?

How can you help? The holidays are around the corner and we need your financial contributions and food donations more than ever. Your dollars will help us to purchase the basic food needs. Your food donations will enable us to continue to provide more food choices and bonus items per month. You may also want to consider donating holiday foods including frozen turkeys and hams. We believe that everyone deserves a delicious, complete holiday meal. This is a simple way to directly help a struggling family enjoy a special holiday season.

Sincerely,



Mary Jane Goodrick
Executive Director, Green Valley-Sahuarita Community Food Bank

Holiday Donation Drop-off Sites

Can't make it all the way to our warehouse at 250 East Continental? You can drop non-perishable food items at many convenient locations around the Green Valley area.

For all food donation drop-off sites in Green Valley and Sahuarita, visit: communityfoodbank.com/donate-food or call (520) 625-5252.

ITEMS NEEDED FOR THE HOLIDAYS: Turkeys • Hams • Stuffing Mixes • Bisquick • Gravy Mixes • Cranberry Sauce • Pie Filling • Canned Yams • Jello

Your donation is needed to feed thousands of hungry children, families and seniors this holiday season.

Meet our New Staff!

Vicki Turner

Vicki joined the food bank staff on June 20, 2011 as Executive Assistant. She came with years of experience in office administration, accounting, and customer service. Vicki serves as administrative support to the Executive Director, which means that she handles multiple, ever-changing priorities daily. Every day brings new challenges at the food bank, and Vicki has easily adapted to the busy environment.



Vicki has a great sense of humor and a very caring way with clients and volunteers. In addition to her staff hours at the Green Valley-Sahuarita Food Bank, she also volunteers at the Animal League of Green Valley as their Sunday Dog Handler Coordinator. Vicki's passion for animals is evident as her household includes two dogs, four cats, three guinea pigs, and four tortoises. We are pleased to have Vicki on our team! ♥

Karen Marshall

As the number of people seeking food assistance continues to increase so does the logistics involved in daily warehouse operations. When we determined the need to hire a warehouse assistant, Karen came to mind. She first began at the food bank in a volunteer capacity in May 2010. She quickly learned and took ownership of the sorting department. Karen was hired as staff on March 21, 2011. She is now responsible for the sorting area and for training the sorting volunteers. Karen also assists with keeping the client distribution room well stocked, and in managing the daily operations of the warehouse. She learned the warehouse flow quickly, and is very detail-oriented and organized. Karen grew up working on her dad's farm, so it was easy for her to learn to drive the forklift. "Just like driving a tractor," she says. A big welcome to Karen! ♥



Advisory Board President Letter

Dear Friends,

An active, involved and committed board is important to the goals and future of any organization. The Advisory Board of the Green Valley-Sahuarita Community Food Bank is that and so much more. Our board consists of a diverse group of men and women dedicated to helping those within our community who are in need. New board members come to the table armed with the materials and drive they need to further our goals.

What do our board members do? They serve on a variety of committees such as publicity, community events, facilities, gleaning, etc. We don't just attend a meeting each month; rather, we go out and help at various events, speak to groups, and do what is necessary to keep the communities we serve informed.

Given today's economic climate, this is becoming harder. We have to face real possibilities such as reduced donations and funding. We have a large donor base that is extremely supportive of our efforts and responds so graciously when help is needed. The holidays are approaching and we, as a board, are looking at ways to help our clients enjoy them.

Is a time coming when we will not be able to serve our clients as we do now? This is another difficult question we are facing. Each day, more and more seniors and families find themselves needing a helping hand. They are not seeking long term fixes, just surviving until the next pay check.

Communication is key. Our board members communicate, not only with each other, but also with Mary Jane Goodrick, our Executive Director, her staff, and our volunteers. We keep each other informed of current issues and address head-on what needs addressing...using our time and talents to bring these needs to the attention of the general public.

Sincerely,



Shirley Pavlovich
Advisory Board President
Green Valley-Sahuarita Community Food Bank

Upcoming Events

OCTOBER 27-29
WHITE ELEPHANT
COUNTRY FAIR
9:00 a.m. - 4:00 p.m.
at Green Valley Village

SATURDAY, OCTOBER 29
WHITE ELEPHANT PARADE
10:00 a.m. - 12:00 p.m.
at La Cañada and Esperanza

THURSDAY, NOVEMBER 3
KGVY RADIO SENIOR
INFORMATION FAIR
8:00 a.m. - 12:00 p.m.
at Valley Presbyterian Church

FRIDAY, NOVEMBER 11
OLDIES BUT GOODIES
REVIEW
7:00 p.m. at Community
Performing Arts Center

SATURDAY, NOVEMBER 12
PECAN FESTIVAL
10:00 a.m. - 8:00 p.m.
at FICO property at Green Valley
Pecan Company Store



Green Valley-Sahuarita Community Food Bank

The Newsletter of the
Green Valley-Sahuarita Community Food Bank

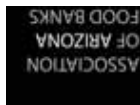
**250 East Continental, Ste. 101
Green Valley, AZ 85614
(520) 625-5252
www.communityfoodbank.org**

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Do you know where to drop off food donations this holiday? Your donation is needed to feed thousands of hungry children, families and seniors this holiday season. See page 2

The Green Valley-Sahuarita Community Food Bank receives most of its funding from people like you. Supportive funding includes: Country Fair White Elephant; Greater Green Valley Community Foundation; Pima County; Town of Sahuarita; and the USDA. The Green Valley-Sahuarita Community Food Bank programs provide services to eligible applicants without regard to race, color, creed, religion, handicap, age, national origin, sexual orientation, political beliefs or gender.



Food Donation Hours
Monday-Friday
7:30 A.M.-2:00 P.M.

Client Hours
Monday, Wednesday-Friday
9:00 A.M.-12:30 P.M.
Tuesday
9:00 A.M.-4:30 P.M.

CONTACT US
250 East Continental, Ste. 101
Green Valley, AZ 85614
Phone: (520) 625-5252
E-mail: gvtb@communityfoodbank.org
Web: www.communityfoodbank.org

Our Mission
Through education, advocacy and the acquisition, storage and distribution of food, we will anticipate and meet the food needs of the hungry in our community.

If you can commit to a two to four hour shift once a week, come in to pick up an application and learn how you can help. Please call (520) 625-5252 for more information.

- ✓ Checking items that come into the warehouse. Requires standing for entire shift and lifting up to 40 pounds.
- ✓ Guiding clients through their shopping experience. Requires walking and standing for entire shift.
- ✓ End of day cleaning, sweeping, mopping, trash removal and general facility cleaning.

VOLUNTEERS NEEDED

- Canned Fruit & Vegetables • Cereal • Canned Tomato Products
- Peanut Butter • Dry Beans & Rice • Baking Products • Personal Hygiene Products • Canned Meat • Baby Food • Diapers-all sizes • Toilet Paper & Paper Towels • Sugar-Free & Gluten-Free Foods • Canned Meat • Grocery Store Gift Certificates • Please, no open food items.

NEEDED ITEMS

Green Valley-Sahuarita Community Food Bank



News

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