

Youth Farm Project Apprentices Program: FACT SHEET



At the Youth Farm Project, young people are given the opportunity to develop a relationship with the food they eat and to consider how what they eat affects their health, community, and the planet. The Youth Farm Project, housed at the Marana Heritage Farm, hires Apprentices ages 14-18 to work on the farm, learn about food systems, contribute to the community, and of course have fun!

About the farm:

The Marana Heritage Farm, a 10-acre no-spray vegetable farm, is a project of The Community Food Bank's Community Food Resource Center (CFRC). Now in our third growing season, we are dedicated to producing fresh, organically grown food, while fulfilling the CFRC's vision of "improving community food security for the people of Pima County by promoting, demonstrating, advocating for and collaboratively building an equitable and regional food system, which supports food production and strengthens communities."

Who will be hired for the program?

- Youth ages 14-18 who express interest in learning about farming and food systems.
- Youth who work well with others and demonstrate strong motivation and work ethic.

What is the purpose of the program?

- To engage local youth in growing food for their community while addressing issues of nutritional poverty and hunger.
- To encourage nutrition and healthy food choices.
- To empower program participants to become voices and advocates within the food system.
- To introduce sustainable farming as a viable career option.
- To participate in daily farm activities and chores that support the Marana Heritage Farm.
- To bring together a diverse community of youth, to interact with the land in a positive way and to have fun!



Community Food Bank
Youth Farm Project
12375 Heritage Park Drive, Marana, AZ 85653
520-873-7401



As an Apprentice, what will I be doing?

- Apprentices will participate in all aspects of food production, including planting, harvesting, greenhouse cultivation, soil building, garden design, irrigation, marketing, and product distribution.
- Farm infrastructure projects, such as animal habitats, permanent shade structures, fencing, and building maintenance.
- Poultry production and care.
- Apprentices will participate in a cooking and nutrition class.
- All participants will be involved in the planning of a community-wide celebration at the end of the Apprentice session.

How is the program structured?

Fall 2010 Program Dates: September 11th -December 18th

**Breaks on October 9th and November 27th
Apprentice graduation celebration on December 18th**

- Each youth Apprentice will be hired for a session of 15 weeks with a break after every four to six weeks, two weekends off in total.
- Youth are expected to work between 5 to 7 hours each Saturday throughout their session, depending on activities scheduled.
*Upon the acceptance of the Apprentice into the program, a detailed schedule of work hours and activities will be provided.
- Work begins at 8 am Saturday morning with the potential of moving to an earlier start time as temperatures increase.
- A stipend of \$200 will be paid upon the completion of the program.
- Youth will be responsible for their own food and snacks. Water will be provided, but youth need to bring their own water bottles.
- Youth will be evaluated by supervisors at the end of their session and will also have an opportunity to evaluate the program.
- Youth Apprentices will complete a survey and other paperwork to be used in documentation of the youth program.

*****The Marana Farm is located approx. 15 miles Northwest of Tucson. If possible youth are asked to provide their own transportation with the help of family and friends. There is also van transportation available from downtown Tucson to and from the farm on apprentice workdays. The space is limited. Please contact YFP staff for more information.***



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What if I have to miss a day of the program?

Program staff have designed a full spectrum program that encompasses many facets of sustainable agriculture throughout the 15 weeks. Therefore, the Apprentice **is expected to attend the full work day each week**, and although extenuating circumstances will be considered by program staff and make-up hours can be arranged, we ask that the importance of program participation be considered, and that the missing of days will detract from the Apprentice's learning experience. All work hours must be completed to receive the full stipend.

What do our Apprentices say about the program?

"I've told everyone more than once that I'd live here forever and ever and always if I could!
I absolutely positively love my job here!" Lauren, Age 17

"It's so much fun— I've really enjoyed myself, and I have learned much more about our food."
Claudia, Age 16

"I have a profound respect for our food system and I believe every step closer we take to how and where our food is grown, the closer we become to health, equality, and happiness."
—Robin, Age 17

"Working at the Youth Farm Project is so much fun! I look forward to going every Saturday and I will be sad when it ends."
—Chris, Age 16

"I believe that now, more than ever, it is essential for local and organic agriculture to be practiced and passed on to many generations. I plan on pursuing a career in sustainable agriculture and the Youth Farm Project has been a great opportunity for knowledge and community involvement."
—Clare, Age 19



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Send all application materials, including reference and parent/guardian consent to the following location:

Community Food Bank
Attn: Youth Farm Project
12375 Heritage Park Drive
Marana, Arizona 85653

Information can also be faxed directly with coversheet:

Attn: Youth Farm Project
Fax number: (520) 624-6349

Please contact us with any questions or concerns:

YFP Staff phone number: (520) 873-7401
youthfarmproject@communityfoodbank.org



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Youth Farm Project



An extension of the Community Food Resource Center's mission to improve food security for the people of Pima County



2010 Apprentice Application Fall Session: September 11th—December 18th

Full Name: _____

Home Address: _____

City: _____ State: _____ ZIP: _____

Home Telephone: (____) _____ Cell Telephone: (____) _____

Email: _____

Sex: FEMALE MALE OTHER Date of Birth: _____ / _____ / _____
month day year

Race (circle one): African American Asian Caucasian/White Other
Hispanic/Latino Native American Pacific Islander Prefer Not to Respond

Ethnicity: _____

Current Age: _____ T-shirt size: S ___ M ___ L ___ XL ___ XXL ___

Parent/Guardian Name: _____ Work Telephone: (____) _____

Place of Employment and Title: _____

This person is my (circle one): Legal Guardian Mother Father Relative

Other Parent/Guardian Name: _____ Work Telephone: (____) _____

Place of Employment and Title: _____

This person is my (circle one): Case Worker Mother Father Relative

Current School Name: _____

School Telephone: (____) _____

Current Grade Level (circle one): 7 8 9 10 11 12 other:

Name and phone number of a reference person: _____

This person is my (circle one) : Coach Teacher Employer Other

How did you find out about us? _____

We are excited to learn more about you! Think carefully about your personal answers to these questions. Write as completely as you can, and try to use all of the space provided. You may attach a separate sheet of paper if you need more room.

1. Why do you want to be a member of The Youth Farm Project's Apprenticeship Program?

2. Tell us about your community and the role that you fill within it. What does "community" mean to you (can include family, friends, school, city, etc)?

3. What would you like to achieve during your time as an Apprentice? How can the Community Food Resource Center and the Youth Farm Project help you do that? What do you want to get out of this job?

4. What do you think will be your biggest challenge working as an Apprentice for the Youth Farm Project?

5. The Youth Farm Project is an extension of the Community Food Bank. In your opinion, why do you think a food bank would have a farm?

6. Please tell us a few interesting things about yourself—from your favorite food to your proudest moment! Help us to get to know you better!

Youth Farm Project

Medical Release Form

Name of Participant: _____ Birth Date: _____

Participant's Medical Insurance Coverage: _____

Name of Policy Holder: _____

Name of Insurance Company: _____ Policy Number: _____

Participant is Allergic to:

Medications: () Yes () No Specify: _____

Food Items: () Yes () No Specify: _____

Bee Stings: () Yes () No Specify: _____

Other: () Specify: _____

Is the Participant on any medication? () Yes () No Specify: _____

Special Needs (physical or emotional): _____

Family Doctor: _____ Doctor's Phone: _____

Emergency Contact: _____ Daytime Phone: _____

Home Phone: _____ Cell Phone (optional): _____

** In case of emergency, if family physician or emergency contact cannot be reached, I hereby authorize treatment by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Participant Signature (if 18 or older) _____

Parent/Guardian Signature (if under 18) _____

Waivers of Liability and Assumption of Risk:

- I hereby agree to release and forever discharge and hold harmless the Youth Farm Project (YFP) from any and all claims or causes of action against the YFP arising out of any cause whatsoever, including but not limited to claims arising out of the negligence or intentional conduct of its employees or agents, or from first aid provided by a YFP employee or volunteer.
- I understand that the YFP Apprentice Program may expose me to hazards, including sun, heat, tools, venomous creatures, and other potential hazards. I expressly assume the risk of injury or harm and release the YFP from all liability as a result of injury, illness, death or property damage.
- I attest that I am physically fit and prepared to perform the tasks assigned to me by the YFP.
- I agree to use my personal (or family) insurance as the primary provider in the event of injury due to my work as an Apprentice for the YFP.
- The YFP is not responsible for loss of damage to Apprentice's personal property.

Photographic Release:

I grant to YFP all rights, title and interest in any and all photographic, video, or audio recordings made of me and my property in my capacity as a volunteer.

I have read understand and agree to the above Youth Farm Project program policies, safety procedures, waivers and releases.

Apprentice Signature _____

Parent/Guardian Signature (if under participant is under 18) _____

Date _____

Parental Consent for Participant Support

(if participant is under 18)

I, _____ am aware of and give my consent to my child or dependent applying for the Youth Farm Project through the Community Food Bank. I understand the level in which I will need to participate, such as providing transportation to and from the work site, making sure my child has appropriate food and clothing for the day, and helping them with the necessary paperwork.

Signature: _____ Date: _____
Parent/Guardian

Youth Farm Project Disciplinary Policy

The Youth Farm Project does not tolerate:

- Smoking, drugs, or the consumption of alcohol
- Verbal, physical, or sexual harassment of staff, other youth participants, or community partners
- Leaving the project site for any reason during work hours
- Inappropriate language
- Negative, aggressive, violent, or uncooperative attitudes or actions

I, (name of participant) _____, understand that engaging in the activities mentioned above will result in a meeting with YFP staff and possibly formal disciplinary action. I understand that I may lose part of my paycheck or be terminated from my position with the YFP.

Signature of Participant: _____ Date: _____

Signature of Parent/Guardian (if under 18): _____ Date: _____